

<u>Hormone</u>	<u>Gland it comes from</u>	<u>Target(s)</u>	<u>Action</u>
	Adrenal Medulla		Increases conversion of glycogen to glucose
	Posterior Pituitary	Kidneys	
	Thyroid	Bones	
			Causes breakdown of proteins and fats into glucose
	Pancreas		Increases conversion of glycogen to glucose
		Uterus, mammary glands	
Insulin			
			Stimulates growth of the body
	Anterior Pituitary	Thyroid Gland	
Thyroxine			
	Anterior Pituitary	Adrenal Cortex	
Aldosterone			
			Increases blood calcium levels